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**"ANALYSIS OF FACTORS AFFECTING THE ELDERLY IN PERSONAL  
HYGIENE IN PANTI WERDHA WISMA MULIA WEST JAKARTA 2014"**

xi + 7 Chapter + 59 pageS + 15 table + 2 Figure + 1 scheme + 3 Appendix

**ABSTRACT**

**Background :** Elderly person who is over 60 years. Old elderly particularly susceptible to health problems health problems associated with infections, because the immune system of elderly who began to decline. One way to prevent diseases caused by infection in the elderly is to maintain personal hygiene. Personal hygiene is an action to maintain the cleanliness and health of a person to the livelihoods of physical and psychological.

**Purpose :** The purpose of this study was to identify factors that affect the personal hygiene of the elderly.

**Methods:** The design used in this study was a cross-sectional design. The sample used is the elderly who live in older homes with as many as 62 people of probability sampling technique kind of simple random sampling.

**Results:** The majority of the elderly in nursing homes Wisma Mulia has good personal hygiene (68%). The results of the bivariate analysis identified no association between older age, previous work, knowledge of the elderly, family support and the physical condition of the elderly with personal hygiene of the elderly at Panti Werdha Wisma Mulia in West Jakarta (p Value > alpha). There is a relationship between education relationship with personal hygiene elderly at home Werdha Wisma Mulia ( $p < 0,05$ ).

**Conclusion :** Nursing officer must improve personal hygiene elderly by providing health education about good personal hygiene.

Keywords : Elderly, personal hygiene, nursing

Bibliography : 20 (2003-2013)